

Appetizers

French Onion Soup	7
Shrimp & Grits	9
Loaded Tater Tots, with sour cream	5
Chicken Quesadilla, with Salsa and Sour Cream	7

Salads



Grilled Salmon Salad Grilled Salmon Filet with Tomatoes, Olives, Green Onion & Red Bell Pepper with Onion Poppy seed Dressing	15
--	----

♥ Greek Shrimp or Chicken Salad, Choice of Grilled Shrimp or Grilled Chicken on a bed of Romaine with Tomatoes, Feta Cheese, Kalamata Olives, Red Onion and Artichoke Hearts with Greek Dressing	Shrimp 14 Chicken 11
--	-------------------------



California Chicken Salad, Grilled, Teriyaki-Marinaded Chicken Breast on a bed of Crispy Greens with Bacon, Scallions, Black Olives, Parmesan Cheese, and Honey Mustard	11
	1/2 order 7

Grilled Teriyaki Tuna Salad , Grilled Teriyaki Tuna Steak served on a bed of Mixed Greens with Mandarin Oranges, Green Onion, Black Olives, Red Bell Pepper, Won-ton Crisps and Sesame Dressing	16
---	----

Iceberg Wedge Salad, Blue Cheese Crumbles, Bacon, Tomatoes and Choice of Dressing	5.5
---	-----

♥ Caesar Salad, Romaine Lettuce tossed with Caesar Dressing, Croutons, and Parmesan Cheese	7
	1/2 order 4.5
<i>Chicken - Grilled or Blackened</i> 11	<i>Shrimp - Grilled or Blackened</i> 13

Sesame Chicken Salad, Grilled, Marinated Chicken Breast on a bed of Greens and Angel Hair Pasta with Spicy Sesame Dressing, Mandarin Oranges and Scallions	12
---	----

Salad Bar (a la Carte)	7
Soup & Salad (a la Carte)	9
Soup du Jour	Cup 3.5 Bowl 4.5

Specialty Sandwiches

Sandwiches served with choice of Fries or Fresh fruit ; Add Soup and Salad Bar for 4 dollars

Patty Melt, 8 oz. Black Angus Burger, served on Grilled Rye with Swiss Cheese and Sautéed Onions	8.5
--	-----

♥ Grilled Pesto Chicken Breast, Topped with Roasted Peppers and Low-fat Monterey Jack Cheese on a Toasted Garlic Bun	9
--	---

♥ Chicken Club Wrap, Grilled Chicken Breast with Bacon, Tomato, Shredded Lettuce, Cheddar Cheese and Ranch Dressing, rolled in a Spinach Wrap	9.5
---	-----





Lake Hickory Angus Burger, Grilled or Blackened on a Kaiser Roll with Lettuce, Tomato, Sliced Onion and Choice of Cheese	8.5
--	-----

Black & Bleu Chicken Sandwich, Blackened Chicken Breast topped with Blue Cheese with Lettuce and Tomato on a Kaiser Roll	9
---	---

Rachel or Reuben, Turkey or Corn Beef piled high on Rye with Sauerkraut, Swiss Cheese, and 1,000 Island Dressing	8.5
--	-----

Entrées

Includes Soup & Salad Bar

Old Number 7,		
Pepper seared 12 oz. N. Y. Strip with Jack Daniels Sauce		25
Filet Mignon,		
Grilled to your liking, served with Veal Demi-Glaze		29
 Liver & Onions,		
Sautéed Calves Liver with Crisp Bacon and Sautéed Onions		15.5
Grilled Sweet Chili Hoisin Glazed Pork Chop,		
Served a top a bed of Sauteed Spinach		16
♥ Chicken Ratatouille,		
Herb seared Organic Chicken Breast on a bed of Mediterranean Vegetables		15.5
Seabass Almondine,		
sautéed Seabass with Lemon Butter and Toasted Almonds		25
♥ Tuna Chimichurri,		
Grilled Tuna Loin with Extra Virgin Olive Oil, Garlic, Lemon Cilantro and Parsley		20
Snapper Milanese,		
Sautéed Herb Crusted Snapper served with Tomato Basil Beurre Blanc		20
 Chicken Piccata,		
Sautéed Chicken Breast with Lemon Caper Butter		15.5
♥ Greek Chicken Linguini,		
Grilled Chicken Breast tossed with Basil, Feta, Sun-dried Tomatoes, Extra Virgin Olive Oil and Kalamata Olives		14
 Calabash Shrimp,		
Crispy Fried Shrimp served with Coleslaw and French Fries		11
 Beekeeper's Salmon,		
Grilled Salmon Filet topped with a combination of Walnuts and Honey		19.5
Veal Margherita,		
Veal Scallopini topped with Tomato, Basil, Fresh Mozzarella and Lemon Butter Sauce		21
♥ Mediterranean Salmon,		
Seared Salmon Braised in White Wine, Artichoke Hearts, Tomatoes, Roasted Garlic and Basil		20
♥ Angel Hair Pasta,		
with Marinara Sauce		9
These items can be added to your entrée		
<i>Vegetables - Sautéed or Steamed</i>		11
<i>Chicken - Grilled or Blackened</i>		13
<i>Shrimp - Garlic or Blackened</i>		15
<i>Grilled Petit Salmon</i>		15
♥ Ravioli Florentine,		
Spinach Ravioli tossed with Mushrooms, fresh Vegetables and Marinara		9.5

♥ *Heart Healthy Menu Items*



Club Favorites

*Our wish is to satisfy the desires of our membership.
If there is something not listed on the menu that we are capable of preparing,
we will do everything possible to satisfy your culinary desires.*